

REGULATION

BOARD OF EDUCATION
HIGH POINT REGIONAL

NO. 5531
Students

ALCOHOL AND SUBSTANCE ABUSE FOR ATHLETICS AND EXTRA-CURRICULAR ACTIVITIES

The use or possession of controlled dangerous substances or alcohol products is in direct violation of The Athletic and Extra-Curricular Pledge signed by both students and their parents. If a student is found to be in violation of the pledge, consequences noted below will be implemented.

Notification of this regulation will appear on parental permission forms for athletic participation. This form, along with seasonal update forms, is required to be signed by the athlete and his or her parents. All athletes and parents will be required to sign this pledge before the student can participate in any athletic activity. Notification of this regulation will be sent home to all parents in the opening of school letter along with a letter explaining that extra-curricular activities participants are also required to follow the Alcohol-Substance /Abuse Policy. For a student to participate in an extra-curricular activity both the student and parent will have to sign a pledge that will be kept on file in the Main Office. Advisors will be required to check student pledges before allowing them to participate in activities.

The pledge will state:

AS A PARTICIPANT IN EXTRA-CURRICULAR ACTIVITIES AND/OR ATHLETICS AT HIGH POINT REGIONAL HIGH SCHOOL, I PLEDGE NOT TO USE OR BE IN THE POSSESSION OF ANY FORM OF ALCOHOL, CONTROLLED DANGEROUS SUBSTANCE OR TOBACCO PRODUCTS.

Listed below are consequences for violating the High Point Regional High School Athletic and Extra-Curricular Policy:

ALCOHOL AND SUBSTANCE ABUSE

ATHLETICS:

First Violation:

A meeting will be held with the parent, coach, athletic supervisor and administration. If the student is found to be in violation of the pledge, s/he will be suspended from athletic competition for a minimum 20% of the scheduled athletic competitions for the present athletic season. The

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suspension is effective upon confirmation of violation of the pledge. The student can not be present at competitions, bus rides or any related athletic activity pertaining to the specific sport. However, the student will be allowed to participate in practices during the time of the suspension. A meeting for reinstatement will be held with stakeholders at the conclusion of the suspension. Additionally, students will be held to regulations in Title 18A #40A-10 and 40A - 11 which mandate remediation for alcohol and substance abuse.

Second Violation (Athletics)

A meeting will be held with the athlete, parent, coach, athletic supervisor and administration. If the student is found to be in violation of the pledge, s/he will be suspended from all athletic competitions for the remainder of the school year. If applicable, a meeting for reinstatement will be held with stakeholders at the conclusion of the suspension to determine procedures for participation the following year.

EXTRA CURRICULAR:

First Violation

A meeting will be held with the student, parent, advisor, and administration. If the student is found to be in violation of the pledge, s/he will be suspended from the extra curricular activity for a minimum of one marking period. If the violation occurs after progress reports are due in the Main Office, the student will be suspended for the remainder of the present marking period and the next full marking period. The student will not be permitted to participate in any activity or related function during the suspension. Additionally, students will be held to regulations in Title 18A #40A-10 and 40A-11 which mandate remediation for alcohol and substance abuse.

Second Violation

A meeting will be held with the student, parent, coach, advisor and administration. If the student is found to be in violation of the pledge, s/he will be suspended from all extra-curricular activities for the remainder of the school year. If applicable, a meeting for reinstatement will be held with stakeholders at the conclusion of the suspension to determine procedures for participation.

*It is important to note that these school regulations will be enforced consistently, but coaches/advisors will have the option to impose stronger measures. If coaches/advisors choose to impose more restrictive codes, they must have a written policy that is understood by both athletes/participants and parents.

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POSSESSION OR USE OF TOBACCO PRODUCTS

ATHLETICS:

In recognizing the need for our student athletes to maintain peak physical conditioning, and to avoid the harmful effects of tobacco, High Point Regional High School's regulation for athletes caught using tobacco will be as follows:

1. All athletes are subject to the standing school policy regarding the use of tobacco on school property and at school sponsored events.
2. In addition, athletes caught using tobacco during their athletic season will be suspended for approximately 10% of that season.
3. A second offense will result in the athlete being suspended from his/her team for the remainder of that season.
4. A third offense by an athlete within a school year will result in suspension from all athletic participation for the remainder of that school year.

Consistent with our drug/alcohol policy, first offense athletes will be suspended from competition but must continue to attend practices.

Subsequent to the first offense, corrective action will be implemented as follows:

1. The athlete will be required to meet with the parent, athletic director, coach, and an administrator. The athlete will be made aware of the fact that he/she has violated the signed pledge to abstain from tobacco.
2. Every attempt will be made to help this student discontinue his/her use of tobacco and to receive any necessary counseling/information, etc.

EXTRA CURRICULAR:

All students will first be subject to the standing school policy regarding any student caught using tobacco on school property.

In addition, these students will be disciplined for using tobacco on school grounds or at school functions as follows:

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1. The first offense will result in suspension from the activity (or activities) for 5 weeks.
2. The second offense will result in suspension from the activity (or activities) for 10 weeks.
3. A third offense will result in suspension from the activity (or activities) for the remainder of the school year.

Subsequent to the first offense, corrective action will be implemented as follows:

1. The student will be required to meet with the parent, vice principal, the student assistance counselor and the club advisor. The student will be made aware of the fact that s/he has violated the signed pledge to abstain from tobacco.
2. Every attempt will be made to help this student discontinue his/her use of tobacco and to receive any necessary counseling/information, etc.