

# Health & Physical Education

## Criteria for the Exceptional Learner

STUDENT \_\_\_\_\_

GRADE \_\_\_\_\_ DATE \_\_\_\_\_

TEACHER \_\_\_\_\_

Read each item and rate the student according to this scale.

- |                                       |                              |
|---------------------------------------|------------------------------|
| 1. Rarely, seldom, or never           | 3. Quite often or frequently |
| 2. Occasionally, sometimes            | 4. Always or almost always   |
| DK. Don't know or have never observed |                              |

- \_\_\_\_\_ 1. Practices overall wellness.
- \_\_\_\_\_ 2. Possesses a positive and enthusiastic attitude.
- \_\_\_\_\_ 3. Uses leadership skills when dealing with peers.
- \_\_\_\_\_ 4. Asks pertinent and insightful questions.
- \_\_\_\_\_ 5. Utilizes good communication skills, including refusal, negotiation, and assertiveness.
- \_\_\_\_\_ 6. Employs appropriate decision-making skills.
- \_\_\_\_\_ 7. Shows respect for both genders.
- \_\_\_\_\_ 8. Demonstrates a mastery of the components of fitness and movement.
- \_\_\_\_\_ 9. Demonstrates a mastery of the specific skills used in various sports.
- \_\_\_\_\_ 10. Comprehends the rules and strategies of various sports.
- \_\_\_\_\_ 11. Spends leisure time engaged in fitness or sports related activities.
- \_\_\_\_\_ 12. Exhibits good sportsmanship.