



# HIGH POINT FOOTBALL 2012

## MAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 COACH PERCEY <b>CELL</b> (973) 214-7346 <b>EMAIL</b> wpercey@hpregioanl.org		1 LIFT & SPEED TRAINING 2:45PM	2 LIFT & SPEED TRAINING 2:45PM	3 LIFT & SPEED TRAINING 2:45PM	4 MAKE-UP DAY 1:00PM	5 OFF
6 OFF	7 LIFT & SPEED TRAINING 2:45PM	8 LIFT & SPEED TRAINING 2:45PM	9 LIFT & SPEED TRAINING 2:45PM	10 LIFT & SPEED TRAINING 2:45PM	11 MAKE-UP DAY	12 OFF
13 OFF	14 LIFT & SPEED TRAINING 2:45PM	15 LIFT & SPEED TRAINING 2:45PM	16 LIFT & SPEED TRAINING 2:45PM	17 LIFT & SPEED TRAINING 2:45PM	18 MAKE-UP DAY	19 <b>RUN &amp; SHOOT CLINIC</b> 9:00AM-4:00PM
20 OFF	21 LIFT & SPEED TRAINING 2:45PM	22 LIFT & SPEED TRAINING 2:45PM	23 LIFT & SPEED TRAINING 2:45PM	24 LIFT & SPEED TRAINING 2:45PM	25 MAKE-UP DAY	26 OFF
27 OFF	28 OFF NO SCHOOL	29 LIFT & SPEED TRAINING 2:45PM	30 LIFT & SPEED TRAINING 2:45PM	31 <b>LIFT-A-THON</b> 2:45PM		