

IMPORTANT MESSAGE FROM THE ATHLETIC DIRECTOR'S OFFICE

Summer Sports Physicals for 2010-2011 For All Seasons: Fall, Winter, Spring

All dates: 8:15-(last sign in at 1:30 p.m.)

JUNE 24

JUNE 25

JULY 1

AUGUST 5

*****it is strongly recommended that all fall athletes plan on going to one of the two June dates for their physicals. *****

Physicals are done on a sign-in-and-wait-your-turn basis. *All candidates must sign in for physicals no later than 1:30 p.m. each day.* If there are too many candidates signing in for the amount of time available, the list will be cut off and “overflow” candidates will be moved to the next day or referred to their own physician at their own expense.

These are the **only** days on which school physicals will be offered. No further sports physicals will be done during the school year.

You must bring a completed permission form with you if you have not already handed one in to the School Nurse. No physical will be done without a parent's signature on the form.

Any candidates who miss these school physicals must have their physical done by their own medical doctor at their own expense. **ALL PHYSICALS, EVEN THOSE COMPLETED BY YOUR PRIVATE PHYSICIAN, MUST BE CLEARED BY HPRHS BOARD APPROVED SCHOOL DOCTOR.** These forms will be available all summer in the high school main office, or online at our website. Just go to www.hpregional.org > high school > activities > sports > sports announcements.

If you choose to go to your own physician, the physical must be done after June 18, 2010 to be valid for the 2010-11 athletic year.

Prior to the official NJSIAA start date of any season, all forms must be submitted to the nurses office and /or the athletic office and cleared by our AD and school physician. Failure to have completed and approved forms in on time will result in the athletes not being able to participate until officially cleared. The deadline for fall sports submissions is August 1st, which will allow our physician time to review and clear the physicals on her last day here (August 5).