

IMPORTANT MESSAGE FROM THE ATHLETIC DIRECTOR'S OFFICE

SUMMER SPORTS PHYSICALS FOR 2023-24
FOR ALL SEASONS: FALL, WINTER, SPRING

**Thursday
June 29**

**Thursday
August 3**

Times for both dates are 7:30 a.m. to 1:00 p.m. (last sign in)

****It is strongly recommended that all fall athletes plan on going to one of these two dates for their physicals.****

Physicals are done on a sign-in-and-wait-your-turn-basis. Students are to report to the nurse's office on the day of the physicals accessing the school through the doors in the front of the school or the side doors by special services. **All candidates must sign in for physicals no later than 1:00 p.m. each day and wait in the hallway outside the nurse's office.**

These are the **only** days on which school physicals will be offered. No further sports physicals will be offered during the school year.

The Preparticipation Physical Evaluation History Form MUST be completed and signed before we can perform the physical.

Any candidates who miss these school physicals must have their physical done by their own medical doctor at their own expense. **ALL PHYSICALS, EVEN THOSE COMPLETED BY YOUR PRIVATE PHYSICIAN, MUST BE CLEARED BY THE HPRHS BOARD APPROVED SCHOOL DOCTOR.**

Not submitting the forms in a timely manner, may result in a delay of the papers being processed and your child missing practices. The physical forms and other athletic information can be accessed by going to: https://www.hpregional.org/athletics/athletic_forms_and_information All other forms will be done through the **Genesis parent portal**. (For questions/concerns about your parent portal access please contact our Guidance Secretary at ext 1280).

If you choose to go to your own physician, the physical must be done **after** the student's official 8th grade graduation date to be valid for the 2023-24 athletic year. Prior to the official NJSIAA start date of any season, **all forms must be submitted to the athletic office** and cleared by our AD and school physician.

Physicals not submitted at least two (2) weeks prior to the practice date of any season may not be cleared in time to start. The deadline for fall sports submissions is August 1st which will allow our physician time to review and clear the physicals.

PLEASE NOTE: Effective as of the 2017-18 school year, all physicians are state mandated to complete a Cardiac Assessment Professional Development Module. This, in effect, means if you're doing a physical for sports, **IT MUST BE COMPLETED BY A NEW JERSEY DOCTOR.**

All physicals submitted must have the doctor's signature in both spots on the clearance page, along with their certification number. **Regretfully, we will not be able to accept nor process any physicals that do not contain this information.**