

IMPORTANT MESSAGE FROM THE ATHLETIC DIRECTOR'S OFFICE

Summer Sports Physicals for 2018-19 For All Seasons: Fall, Winter, Spring

Times for all 4 dates is 8:15 a.m. to 1:30 p.m. (last sign in)

JUNE 26

JUNE 28

JUNE 29

AUGUST 2

*****it is strongly recommended that all fall athletes plan on going to one of the three June dates for their physicals.*****

Physicals are done on a sign-in-and-wait-your-turn basis. *All candidates must sign in for physicals no later than 1:30 p.m. each day.* If there are too many candidates signing in for the amount of time available, the list will be cut off and “overflow” candidates will be moved to the next day or referred to their own physician at their own expense.

These are the **only** days on which school physicals will be offered. No further sports physicals will be done during the school year.

You must bring a completed permission form with you if you have not already handed one in to the School Nurse. No physical will be done without a parent's signature on the form.

Any candidates who miss these school physicals must have their physical done by their own medical doctor at their own expense. **ALL PHYSICALS, EVEN THOSE COMPLETED BY YOUR PRIVATE PHYSICIAN, MUST BE CLEARED BY HPRHS BOARD APPROVED SCHOOL DOCTOR.**

Not submitting the forms in a timely manner, may result in a delay of your papers being processed and your child missing practices. Just go to www.hpregional.org Athletics tab>Athletic Forms Information>Physical Exam Form. The only form to be printed for this year (18/19) is the Physical Exam Form. All other forms will be done through the [Genesis parent portal](#). (For questions/concerns about your parent portal access please contact Karen VanderGroef ext 1280.) If you choose to go to your own physician, the physical must be done after the student's official graduation date to be valid for the 2018-19 athletic year.

Prior to the official NJSIAA start date of any season, all forms must be submitted to the nurses office and/or the athletic office and cleared by our AD and school physician. Physicals not submitted at least two (2) weeks prior to the practice date of any season may not be cleared in time to start. The deadline for fall sports submissions is July 23rd which will allow our physician time to review and clear the physicals on her last day here (August Date).

PLEASE NOTE: Effective for the 2017-18 school year, all physicians are state mandated to complete a Cardiac Assessment Professional Development Module. This, in effect, means if you're doing a physical for sports, **IT MUST BE COMPLETED BY A NJ DOCTOR.**

All physicals submitted must have the doctor's signature in both spots on the clearance page, along with their certification number. **Regretfully, we will not be able to accept nor process any physicals that do not contain this information.**