

Updated Pre-Participation Physical Information

High Point is STRONGLY encouraging all fall athletes to get a pre participation physical exam before the start of official practices on September 11th (football and field hockey) and on September 14th for the remaining fall sports.

However, Governor Murphy signed Bill 2518 into law on Aug 12th, 2020 and this bill delays the requirement to complete an annual preparticipation physical examination for the fall athletic season of 2020-21 for any student-athlete who completed a physical during the 2019-20 school year.

Under the bill, a student-athlete who has not completed a physical examination within 365 days prior to the first day of official practice in the fall athletic season of the 2020-2021 school year would be permitted to participate in a school-sponsored interscholastic or intramural athletic team or squad during that season, provided that the student-athlete completes the physical examination before the end of the athletic season, and provided that the student-athlete's parent or guardian provides proof, before the first day of official practice of the athletic season, that the physical examination is scheduled.

The student athlete would also be required to complete the health history update questionnaire before the first day of official practice of the fall athletic season of the 2020-2021 school year. The health history update can be found in Part C below.

A link to the amended bill can be found here:

<https://www.njsiaa.org/sites/default/files/document/Legislation%20-%20Bill%202518%20-%20Extension%20of%20Physical%20Exam%20Requirements.pdf>