

HIGH POINT REGIONAL HIGH SCHOOL

299 PIDGEON HILL ROAD SUSSEX, NJ 07461-2733

Phone: (973) 875-3101 Fax: (973) 875-2756

www.hpregional.org

Jonathan L. Tallamy
Principal

Lindsay LeDuc Young
Assistant Principal

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Dear High Point Community:

We wanted to thank everyone for continuing to work together through the challenges that COVID has presented to our community over the past year. Our health and safety guidelines are built on the collaboration between our staff, students, and community.

As we approach Spring Break, we wanted to remind everyone of the [NJ Travel Advisory](#) as it is also an important component of the NJDOH's health and safety guidelines. Please review the guidelines as it has been recently updated by the NJDOH. This travel advisory is also part of our Genesis Daily COVID screening form that is completed everyday for students coming into school.

As a High Point school community, we have been focused on proper mask wearing, washing hands and using hand sanitizer, maintaining social distancing, and staying home when you are not feeling well. These health and safety practices have kept us all healthier as a school community and we need to continue to rely on them.

High Point appreciates the timely and exhaustive efforts from our local Department of Health, who offers this important reminder:

The symptoms of COVID-19 are similar to the regular seasonal influenza and include fever, coughing, and shortness of breath. Some have reported additional symptoms, such as a runny nose, sore throat, nausea, lethargy, lack of appetite, vomiting, and diarrhea. Individuals who need medical care should call their medical provider to report their illness prior to seeking care at a clinic, physician's office, or hospital. Parents of students exhibiting flu-like symptoms or staff members exhibiting flu-like symptoms are asked to contact a school nurse, local health authorities or the Sussex Department of Health.

I hope you and your family have a safe and healthy spring break. We will get through these challenges TOGETHER.

Sincerely,



Mr. Jonathan Tallamy
Principal