

- Rosters will consist of 8 to 10 players.
- Teams will play 5v5 for 80 minutes.
- Non-registered players are not allowed.
- Players must be 25 years of age (this may be waived by the league coordinator).
- Prior participants and in district residents will take precedence.
- NO CHILDREN ALLOWED!
- A registered substitute is allowed from another team or from the sublist in order to field a team. A team may not take a sub if you have 7 or more players. If a team needs to play with two registered subs they forfeit the game. A sub should match the ability of the absent player.
- This is a small goal game... **NO GOALKEEPERS! NO GOALTENDING! Players must stay above the block unless they are marking a man 1v1.** Goaltending will be called if a CAPTAIN deems a team to be playing against the spirit of the rule.
  - First offense: team warning
  - Second offense: Indirect kick top of the arc
  - Subsequent Offense: Penalty kick
- Sidewalls are out of bounds. If any part of the body touches a wall and ball at the same time, play is dead.
- The ceiling is out of bounds.
- End walls are out above the GREY horizontal are out of bounds.
- Physical contact with the goal is prohibited goal.
- All out of bounds balls are restarted as indirect kicks from closest to the spot where the ball went out.
- No sliding or going down on the floor for tackles.
- **Shin guards are mandatory!**
- INTENTIONAL handballs committed within 3-point arc (penalty arc) is a penalty kick from defending the foul line.
  - Everyone is behind the foul line until the ball is kicked.
  - The ball is live if the shot is missed.
  - The player-taking kick cannot touch the ball next.
  - Captains / Referees / Director will direct players to sit for a cool down period if needed.
- The player being fouled can call an infraction.
- Captains can & will call fouls and rule infractions as they see them.
- Please respect all calls! All calls are final!
- **Player comments about calls will not be tolerated!**
- Canceled games will not be rescheduled!
- **The league coordinator reserves the right to deny an application or remove a registered player based upon the programs safety, rule violations, inappropriate behavior and negative interactions with participants.** THINK BEFORE YOU ACT!
- This league has been set up for the players to have fun and go home healthy. All rules have been designed to achieve those goals. If there is a need for any further restrictions rules will be added to keep everyone safe. Let's play and have a blast! Thanks again for your support!