

09-10 SUNDAY NIGHT INDOOR SOCCER LEAGUE
(High Point's Coed Soccer Fund Raiser & Scholarship Fund)

| Dates | Time | Price | Location | Teams |
|--------------------------------------------------------|----------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-------------------|--------------------------------|
| JANUARY 3 rd to March 28 ^h | G1 - 4:30 - 5:55 G2 - 6:00 - 7:25 G3 - 7:30 - 8:55 | \$70 Please make checks payable to High Point Regional High School BY 12/11/09 | HPRHS Main Gym | 6 Teams 5 V 5 80 minutes |

Rules

- The league coordinators will choose six captains. A draft will take place in mid-December in order to determine team rosters.
- Rosters will be finalized prior to the first night of the schedule. Rosters will consist of 8 to 9 players. Teams will play 5v5 for 80 minutes. **Non-registered players are not allowed.**
- Players must be 25 years of age! Prior participants and in district residents will take precedence.
- One registered substitute is allowed from another team in order to field a team. You may not take a sub if you have 6 players or more. If a team needs to play with two registered subs they forfeit the game. It shall not be abused to allow players to play for more than one team on a regular basis.
- This is a small goal game... **NO GOALKEEPERS! NO GOAL TENDING!** Goal tending will be called if a CAPTAIN deems a team to be playing against the spirit of the rule. First offense is a team warning. Second offense individual yellow. If there is any subsequent goal tending a yellow card will be awarded and a penalty kick.
- Goals may only be scored from a team's offensive half.
- Sidewalls are out of bounds. If any part of body touches a wall and ball at same time, play is dead it is out of bounds. The ceiling is out of bounds. End walls are out above the GREY horizontal are out of bounds.
- Three eighty-minute games for 10 weeks. Eleventh week is a playoff week or make up week.
- Playoffs 1st place vs. 2nd place, 3rd vs. 4th, 5th vs. 6th
- Round Robin schedule, play every team twice.
- All out of bounds balls are restarted as indirect kicks from closest spot where the ball went out.
- No sliding or going down on floor for tackles (First offense - verbal warning, second offense - yellow card)
- Shin guards are mandatory!**
- Any direct kick foul (including INTENTIONAL handballs) committed within 3-point arc (penalty arc) of basketball court is a penalty kick from center court (Everyone is behind centerline until ball is kicked. Ball is live if missed and player-taking kick cannot touch ball next.)
- Two yellow cards during the season - miss the next two games. (ANY CAPTAIN CAN ISSUE A CARD)
- Third yellow card during the season - miss next four games (Extended into the next season if need be).
- Fourth yellow card during the season - gone for the season (If fourth card occurs during one of the last two weeks - also miss the first five weeks of the next years season.)
- One red card - gone for next four games (Extended into the next season if need be.)
- Second red card banned from the league for the next three seasons.
- NO CHILDREN ALLOWED!**
- Please help clean up.
- Only the player being fouled can call the infraction...However, Captains can & will call fouls and rule infractions as they see them. Please respect all calls!
- The league coordinators reserves the right to deny an application or remove a registered player based upon the programs safety, rule violations, inappropriate behavior and negative interactions with participants. **THINK BEFORE YOU ACT!**

THIS LEAGUE HAS BEEN SET UP FOR THE PLAYERS TO HAVE FUN AND GO HOME HEALTHY. ALL RULES HAVE BEEN DESIGNED TO ACHIEVE THOSE GOALS. IF THERE IS A NEED FOR ANY FURTHER RESTRICTIONS RULES WILL BE ADDED TO KEEP EVERYONE SAFE. LET'S PLAY AND HAVE A BLAST!!!!!!

-----CUT HERE AND SEND IN BOTTOM ALONG WITH WAIVER FORM AND CHECK TO-----

(Attn: Brian Emma / Jason Potzer @ High Point Regional High School, 299 Pidgeon Hill Rd., Sussex NJ 07461)

QUESTIONS – bemma@hpregonal.org or jpotzer@hpregonal.org (973) 875-3101

| | | | | |
|------------------------------------------------------------------------------------------------------|---------------------------------|---------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------|
| Name | | | | Age: |
| Address | | | | |
| Phone | | | | E-mail: |
| T-Shirt Size | Please Circle One | XL | L | M |
| Please Circle Or Indicate All That Apply To Your Playing Experience For Purposes Of The Draft | | | | |
| NEVER PLAYED BEFORE | RECENTLY HAVE PLAYED IN LEAGUES | HAVE PLAYED IN LEAGUES FOR MANY YEARS | HIGH SCHOOL Years of Experience V _____ JV _____ FR _____ | COLLEGE EXPERIENCE D1 _____ D2 _____ D3 _____ |

High Point Regional High Point Regional High School

Adult Indoor Soccer League 09-10

Waiver, Release and Hold Harmless Agreement

I, _____, the undersigned, affirm that I am participating
(Print Name-legibly)

voluntarily in: Adult Indoor Soccer League at High Point Regional High School.

I represent covenant and agree, on behalf of myself and my heirs, assigns, and any other person claiming by, under, or through me, as follows:

I acknowledge that participating in the above noted activity involves certain risks (some of which I may not fully appreciate) and that injuries, death, property damage or other harm could occur to me or others. I accept and voluntarily incur all risks of ay injuries, damages, or harm which arise during or result from my participation in the activity. These risks include, but are not limited to, the possibility of accident or illness while traveling to and from events as well as any injury arising out of participation in the physical activity involved with this activity. **High Point Regional High School strongly recommends that each participant have an annual physical examination and carry personal health and accident insurance.**

I waive all claims against High Point Regional High School, the trustees of High Point Regional High School, and/or its or their departments, affiliates, employees, officers, agents or insurers (Released Parties) for any injuries, damages, losses or claims, whether known or unknown, which arise during or result from my participation in the activity. I release and forever discharge the Released Parties from all such claims.

I agree to indemnify and hold Released Parties harmless from all losses, liabilities, damages, costs or expenses (including but not limited to reasonable attorneys' fees and other litigation costs and expenses) incurred by any of the Released Parties as a result of any claims or suits that I (or anyone claiming by, under or through me) may bring against any of the Released Parties to recover any losses, liabilities, costs, damages, or expenses which arise during or result from my participation in the activity.

I have carefully read and reviewed this Waiver, Release and Hold Harmless Agreement. I understand it fully and I execute it voluntarily.

Signature of Participant

Date of Birth

Date

Phone Number

09-10 Sunday Night Indoor Soccer League Schedule

| | 1/3 | 1/10 | 1/17 | 1/24 | 1/31 | | 2/21 | 2/28 | 3/7 | 3/14 | 3/21 | 3/28 |
|-------------------------------|-------------|-------------|-------------|-------------|-------------|-------------------------|-------------|-------------|-------------|-------------|-------------|-------------------------------------------------------------------------|
| 4:30 ½ time 5:10 – 5:15 | 1 & 2 | 4 & 5 | 1 & 3 | 3 & 6 | 2 & 6 | No Games 2/7 or 2/14 | 3 & 4 | 4 & 5 | 2 & 5 | 1 & 5 | 2 & 6 | 5 th vs. 6 th |
| 5:55 | | | | | | | | | | | | |
| 6:00 ½ time 6:40 – 6:45 | 3 & 4 | 1 & 6 | 4 & 6 | 2 & 4 | 3 & 5 | | 1 & 2 | 1 & 6 | 1 & 3 | 2 & 4 | 3 & 5 | 3 rd vs. 4 th |
| 7:25 | | | | | | | | | | | | |
| 7:30 ½ time 8:10 – 8:15 | 5 & 6 | 2 & 3 | 2 & 5 | 1 & 5 | 1 & 4 | | 5 & 6 | 2 & 3 | 4 & 6 | 3 & 6 | 1 & 4 | <u>Championship Game</u> 1 st vs. 2 nd |
| 8:55 | | | | | | | | | | | | |

If you can't make a scheduled match... please let your team's Captain know ASAP!

| Teams | CAPTAINS | PHONE | CELL | E-MAIL |
|--------------------------------------------|------------------|--------------|--------------|--------------------------|
| T1- Garden of Life Massage and Yoga Center | Brian Emma | 973-702-7854 | 973-600-5880 | bemma@hpregonal.org |
| T2- The Blue Ribbon | Kevin Perry | | 201-230-9860 | kperry@hpregonal.org |
| T3- Jersey Jungle | Dave Ruppert | 973 691-0001 | 201-317-2640 | druppert@hpregonal.org |
| T4- Kenneth A. Wentink and Associates | Mark Veltri | 973-827-5987 | 862-266-5922 | mveltri@hpregonal.org |
| T5- Trace Environmental | Jason Potzer | | 973-419-9666 | jpotzer@hpregonal.org |
| T6- Hernandez Design | Rebecca Paterson | 973-714-8137 | | rpatterson@hpregonal.org |

Please check for game cancellations @ <http://www.hpregonal.org>
Click on school closings report

Bookmark this site for an online schedule, team standings, trash talk and a copy of the winter league rules...

<http://www.eteamz.com/hpadultsoccer/>

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Rules

- ❑ The league coordinators will choose six captains. A draft will take place in mid-December in order to determine team rosters.
- ❑ Rosters will be finalized prior to the first night of the schedule. Rosters will consist of 8 to 9 players. Teams will play 5v5 for 80 minutes. **Non-registered players are not allowed.**
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- ❑ Round Robin schedule, play every team twice.
- ❑ All out of bounds balls are restarted as indirect kicks from closest spot where the ball went out.
- ❑ No sliding or going down on floor for tackles (First offense - verbal warning, second offense - yellow card)
- ❑ **Shin guards are mandatory!**
- ❑ Any direct kick foul (including INTENTIONAL handballs) committed within 3-point arc (penalty arc) of basketball court is a penalty kick from center court (Everyone is behind centerline until ball is kicked. Ball is live if missed and player-taking kick cannot touch ball next.)
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- ❑ **No children allowed!**
- ❑ Please help clean up.
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