

# High Point Regional High School

Food Services Proudly Provided By

*Maschio's Food Services, Inc.*



September 2011,

Dear Parents, Guardians and Students,

Maschio's Food Services is proud to serve you a full service lunch program this coming school year in High Point Regional High School. A la Carte Breakfast items will be available daily also. Our focus is always to offer students nutritious options within New Jersey's Child Nutrition policy guidelines. **'Mac' Maschio**, our mascot, is dedicated to his belief that: **"Healthy Meals Grow Healthy Kids"!**

There is a featured hot lunch every day as printed on the menu, and healthy 'side kick' a la carte items. Alternate cold lunch selections include Fresh Salads, Deli Bar Sandwiches, Grill Station Express Lunch. Paid lunch is \$3.00. Reduced lunch is \$.40. A complete lunch meal, offered daily, consists of the following;

**Protein with Bread      Vegetable      Fruit or Juice      Milk Selection**

Your School District participates in the National School Lunch Program. Following their guidelines, we offer five meal components for lunch as listed above, every day. Your student may select three, or as many as five of the foods offered to complete a meal. The Program does not reimburse your school for anything under three selections. The complete meal pricing is the best buy for your money!

The Point-of-Sale computer system is in use for all students. The students may access the POS by using their **Student Identification Tag which will be identified by an optical scanner at the cafeteria point of service.** Using their student account to deposit funds assures them of a full lunch without the hassle of daily worrying about money. Money deposited on account also may be used for a la carte items as well.

A new and exciting year for all of us is about to begin! Nutrition Education will continue to be our focus as we balance healthy choices with student preferences. Maschio's is proud to have two Registered Dietitians as a part of our team, addressing important needs such as nutrition, allergies, and more.

Food Advisory Committee Meetings are held throughout the year where students, parents and school representatives sit down together with Maschio's Area Supervisor and part of the management team in your school. The lunch program is discussed, along with menu likes and dislikes. Nutrition education is also a part of these informational meetings. Taste testing of various food items are offered for student opinions. Please contact your school office to let them know you are interested in being invited to one of these meetings.

Recipes highlighting the fruit & vegetable featured on each monthly menu are available in the cafeteria. Each month's lunch menus are also always available.

**Maschio's Food Service's is committed to making a difference in your school!**

If you have any questions, suggestions, or concerns please contact JoAnn Kulsar, Food Service Director, Maschio's Food Services at the kitchen office, 973-875-3101 Extension 1246. Don't forget to visit our website at [www.maschiofood.com](http://www.maschiofood.com). Check our menus for monthly celebrations in your cafeteria!

We greatly appreciate your cooperation and look forward to a great year!

Sincerely,  
Maschio's Food Services, Inc.

