



HIGH POINT REGIONAL HIGH SCHOOL



Maschio's Food Services, Inc.

May 2012 Lunch Menu

Healthy Meals Grow Healthy Kids!

Monday	Tuesday	Wednesday	Thursday	Friday
Fruit of the Month : Grapes Vegetable of the Month: Corn on the Cob	1 Stuffed Shells Tossed Fresh Greens Garlic Bread Grapes Low Fat Milk Selection	2 Chicken Cordon Blue Sandwich on Pan Roll French Fries Fruit Cocktail Low Fat Milk	3 "Pizza Day" Corn on the Cob Pears Low fat Milk Selection	4 HALF DAY NO LUNCH SERVED BREAKFAST AVAILABLE *SNACK BAR WILL BE OPEN UNTIL 12:00
7 Cheese Steak Hero w/ Peppers and Onions Carrots Fresh Fruit Low Fat Milk Selection	8 Chicken and Vegetable Alfredo Pasta Side Salad Peaches Low Fat Milk Selection	9 Taylor Ham and Cheese on a Bagel Hash Brown Applesauce Low Fat Milk Selection	10 Chicken Fajita Mexicali Rice Green Beans Fruit of the Day Low Fat Milk Selection	11 French Bread Pizza Plain or Pepperoni Carrot and Raisin Salad Fresh Fruit Low Fat Milk Selection
14 Twin Beef Tacos w/Steamed Rice Lettuce & Tomato Corn Nibbles Chilled Fruit Low Fat Milk Selection	15 Macaroni and Cheese Fresh Spinach Salad Wheat Dinner Roll Fresh Orange Low Fat Milk Selection	16 Buffalo Chicken Hero With Lettuce and Tomato Potato Salad Jell-o Snack Pack Low Fat Milk Selection	17 Ham and Cheese Wrap W/ Lettuce and Tomato Tater Tots Diced Pears Low Fat Milk Selection	18 Big Daddy's Pizza Fresh Salad Greens With Cucumbers Fresh Fruit Low Fat Milk Selection
21 BBQ Ribs Corn on the Cob Dinner Roll Fruit Cocktail Low Fat Milk Selection	22 Penne Pasta and Meatballs w/ Red Sauce Tossed Salad Garlic Bread Fruit of the day Low Fat Milk Selection	23 "Wildcat Burgers" Lettuce and Tomato Thousand Island Dressing Macaroni Salad Fresh Apple	24 Double Dogs Baked Beans Sauerkraut Apple Sauce Low Fat Milk Selection	25 Personal Pan Pizza Spring Salad Peach Cobbler or 100% Fruit Juice Low Fat Milk Selection
28 SCHOOL CLOSED MEMORIAL DAY	29 Penne w/Broccoli and Garlic Sauce Fresh Salad Fruit of the Day Low Fat Milk Selection	30 Cheese Steak Wrap w/ Peppers and Onions Topped w/Cheese Sauce Grapes Low Fat Milk Selection	31 Chef's Special Of the Month Served with Vegetable Bread Fruit/Low Fat Milk	

Complete Meals

Always Include:
 Entrée, Bread &
 Vegetable
 Fruit or 100% Juice
 And Low-Fat Milk
\$3.00
 Caesar Salads and
 Protein Salads
 Available Daily



Also Fresh Cut Fruit
 Daily for
\$2.00

Available Daily

Low-fat	\$0.50
2nd Entrée	\$2.50
Yogurt	\$1.25
Savory Soup	8oz - \$1.50
	12oz - \$2.50
Baked Chips	\$0.75
Ice Cream	\$1.00
Premium Ice Cream	\$1.75
Xtra Premium Ice Cream	\$2.25
Otis Cookie	\$0.35
Spring Water	\$1.00
Snapple 100% Juice	\$1.00



Sandwich Station Available Daily
Make it a Lunch with Low Fat Milk
and Fruit or 100% Fruit Juice
For \$3.00

Student Lunches

\$3.00

Reduced

\$0.40

Pre-Pay For Lunch



Can We Help? Call Maschio's Food Services
 @ the High School 201-875-3101 ext.1246
 Jo Ann Kulsar, Food Service Director or
 Elizabeth Shea
 eshea@maschiofood.com.