

BOARD OF EDUCATION
HIGH POINT REGIONAL HIGH SCHOOL

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July 23, 2020

Dear Parents, Staff and Students,

The High Point Regional High School administrators are working closely with the Sussex County Health Department so as to follow guidance from the New Jersey Department of Public Health and the Centers for Disease Control and Prevention, in our efforts to ensure the health and wellbeing of our community.

As many look forward to planned vacations and a return to work and school, the following information should assist with those plans:

International travel:

The CDC is working with state and local public health partners to implement after-travel health precautions for **people traveling to China, Iran, Italy or South Korea**, which have been categorized as Level 3 Travel Health Notice. That means they are experiencing widespread or ongoing struggles with COVID-19. Depending on travel history, it is recommended these travelers **self-quarantine for a period of 14 days** after leaving any of those areas. [More information is available on the CDC website.](#)

Domestic Travel:

The Sussex County Health Department is asking people with plans to travel within the United States to be aware if their destination has been identified as a state for which a **self-quarantine of 14 days** is requested upon returning to NJ, even if all within your party are asymptomatic. There are currently more than 30 states on that list. [Find FAQs for travelers from the CDC.](#)

Please be aware that escorting children to college in an identified state would also qualify for a recommended **14 day quarantine**.

We are planning our reopening strategies based upon state and local health guidelines, guidance from the NJ Department of Education and from the Governor's Office so as to ensure the health and safety of our students and staff.

The public can help prevent the spread of COVID-19 and other respiratory illnesses by:

- WASHING YOUR HANDS OFTEN with soap and warm water.
- COVERING YOUR COUGH, cough and sneeze into your upper sleeve or a tissue which is discarded.
- CLEANING SURFACES OFTEN, increase cleaning of frequently touched surfaces.
- STAYING HOME, if you or someone in your household is not feeling well stay home to keep others from getting sick.
- MASK wearing.
- USING SANITIZER where available.

We wish you all health, safety and wellbeing during these most trying of times. Please let us know if you have any questions or concerns about the health of your child, or anyone in your family. We look forward, with great anticipation, to seeing our students back in school in September.

Sincerely,

A handwritten signature in black ink, appearing to read 'S. Ripley', enclosed within a circular scribble.

Scott D. Ripley, Ed.D.
Superintendent