

It's a Great Day to Be A Wildcat!



Email addresses for Fall Head Coaches

Sport	Head Coach	Email
Cheerleading	Marina Morris	hpcheer2016@gmail.com
Cross Country	Lisabeth Sunda	lsunda@hpregonal.org
Field Hockey	Kelly Reynolds	kreynolds@hpregonal.org
Football	Austin Caldwell	acaldwell@hpregonal.org
Girls Soccer	Nik Polizos	npolizos@hpregonal.org
Boys Soccer	James Seck	jseck@hpregonal.org
Girls Tennis	Jesse Strehl	jstrehl@hpregonal.org
Girls Volleyball	Kate Niemiera	kniemiera@hpregonal.org

Jon Tallamy
Principal

jtallamy@hpregonal.org

Christopher Dexter
Athletic Director

cdexter@hpregonal.org

Brian Emma
Assistant Principal

bemma@hpregonal.org

Rebecca Sarno
Assistant Principal

rsarno@hpregonal.org

Fall Official Practice Start Dates 2023 - 24

Sport	Start Date	Location
Cheerleading	Tryouts June 20 and 21	Cheer Room
Cross Country	August 21	Track
Field Hockey	August 21	FH Field
Football	Aug 9	Football Field
Soccer (Girls)	August 21	Soccer Field
Soccer (Boys)	August 21	Soccer Field
Tennis (Girls)	August 16	Courts
Volleyball	Tryouts August 21,22, 23	Main Gym

High Point will offer two dates to obtain a physical at High Point.
June 29 and Aug 3.

For more athletic information please visit: <https://www.hpregonal.org/athletics>