

## *It's a Great Day to Be A Wildcat!*



### Email addresses for Fall Head Coaches

Sport	Head Coach	Email
Cheerleading	Marina Morris	<a href="mailto:hpcheer2016@gmail.com">hpcheer2016@gmail.com</a>
Cross Country	Lisabeth Sunda	<a href="mailto:lsunda@hpregonal.org">lsunda@hpregonal.org</a>
Field Hockey	Kelly Reynolds	<a href="mailto:kreynolds@hpregonal.org">kreynolds@hpregonal.org</a>
Football	William Percey	<a href="mailto:wpercey@hpregonal.org">wpercey@hpregonal.org</a>
Girls Soccer	Nik Polizos	<a href="mailto:npolizos@hpregonal.org">npolizos@hpregonal.org</a>
Boys Soccer	James Seck	<a href="mailto:jseck@hpregonal.org">jseck@hpregonal.org</a>
Girls Tennis	Jesse Strehl	<a href="mailto:jstrehl@hpregonal.org">jstrehl@hpregonal.org</a>
Girls Volleyball	Aaron Baker	<a href="mailto:abaker@hpregonal.org">abaker@hpregonal.org</a>

**Jon Tallamy**  
Principal

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**Christopher Dexter**  
Athletic Director

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**Brian Emma**  
Assistant Principal

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**Rebecca Sarno**  
Assistant Principal

[rsarno@hpregonal.org](mailto:rsarno@hpregonal.org)

### Fall Official Practice Start Dates 2024 - 25

Sport	Start Date	Time	Location
Cheerleading	Tryouts June 19 and 20	9:00 - 12:00	Main Gym
Cross Country	August 19	8:00 - 10 am	Track
Field Hockey	August 19	8:00 - 11 am	FH Field
Football	August 12	9:30 - 11:00 am	Football Practice Field
Soccer (Girls)	August 19	8:30 - 11:00 am	Soccer Field
Soccer (Boys)	August 19	8:30 - 11:00 am	Soccer Field
Tennis (Girls)	August 14	8:30 - 10:30	Tennis Courts
Volleyball	Tryouts August 19 & 20	8:00 - 10:30 am	Main Gym

High Point will offer two dates to obtain a physical at High Point on **June 27 and Aug 8**.

For more athletic information please visit: <https://www.hpregonal.org/athletics>