

It's a Great Day to Be A Wildcat!



Email addresses for Winter Head Coaches

Sport	Head Coach	Email
Cheerleading	Marina Morris	hpcheer2016@gmail.com
Boys Basketball	Jesse Strehl	jstrehl@hpregonal.org
Girls Basketball	Gary Ruban	gruban@hpregonal.org
Bowling	Kevin Perry	kperry@hpregonal.org
Wrestling	John Gardner	jgardner@hpregonal.org
Ice Hockey	Mike Beltran	mwbeltran513@gmail.com
Swimming	Brooke Martin	bmartin@hpregonal.org

Jon Tallamy
Principal

jtallamy@hpregonal.org

Christopher Dexter
Athletic Director

cdexter@hpregonal.org

Brian Emma
Assistant Principal

bemma@hpregonal.org

Rebecca Sarno
Assistant Principal

rsarno@hpregonal.org

Winter Official Practice Start Dates 2023 - 24

Sport	Start Date	Location
Cheerleading	October 30	Aux Gym
Boys Basketball	November 20	Main Gym
Girls Basketball	November 20	Main Gym
Bowling	November 20	Sparta Lanes
Wrestling	November 20	Wrestling Room
Ice Hockey	November 20	Skylands Ice World
Swimming	November 20	Kittatinny Pool

For more athletic information please visit: <https://www.hpregonal.org/athletics>